

Conference Registration Professional Caregiving

Name _____

Credentials _____ Position _____

Agency _____

Address _____

City _____ Zip _____

Daytime Phone (_____) _____

E-mail _____

\$125 Registration Fee
(After May 16th)

\$99 Early Registration Fee
\$65 Student Rate
(On or before May 16th)

Payment method: _____ Check Amount: _____

Charge to: _____ MasterCard _____ Visa

Card # _____

Expiration date: ____/____ (Payable in US dollars)

Name on card _____

Cardholder signature _____

Fax this form with credit card information to (405) 691-0452 or mail registration form with credit card information or check payable to:

Oklahoma Traumatology Institute
3037 N.W. 63rd, Suite 150
Oklahoma City, OK 73116

Registration and Conference Information

For five or more registering from the same agency at the same time prior to May 16th, the seminar fee is \$85. Registrations cancelled by May 16th are subject to a handling fee of \$25. No refund will be granted after May 16th but participants may apply the fee to a future seminar.

Seminar fee includes handouts and a self-test for work satisfaction, burnout and compassion fatigue. As meeting room temperature varies, plan to bring a light jacket for comfort.

For additional information about the seminar, contact Dr. Jay Martin at (405) 590-5754 or by e-mail at oketrauma@cox.net or visit our website at www.oklahomatraumatologyinstitute.com.

Directions to Moore Norman Technology Center South Penn Campus:

Southbound and Northbound on I-35:

Take Exit 117 at SW 4th in Moore, then travel west approximately 3 miles to SW 134th & South Pennsylvania. The street name changes from SW 4th in Moore to SW 134th in Oklahoma City.

Southbound and Northbound on I-44:

Take Exit 110 at SW 134th. Travel east 2.5 miles to SW 134th & S. Pennsylvania where the campus is located on the northwest corner.

Southbound from I-240:

Go south on S. Pennsylvania to 134th. The campus is located at the intersection of 134th and S. Penn.

The Conference Center entrance is on the north or back side of the building. The Conference Center monitor will direct you to the meeting room.

PROFESSIONAL CAREGIVING

RISKS AND REWARDS

of

Working with Traumatized People

Presented by

**Oklahoma Traumatology Institute
&
Greenleaf Resources, LLC**

Friday, May 30, 2008

**Moore Norman Technology Center
13301 South Penn Avenue
Oklahoma City, Oklahoma**

OVERVIEW

This workshop is for therapists, chaplains, nurses, physicians, social workers, school counselors, teachers, ministers, first responders, EAP staff, administrators and other professionals who regularly work with highly-distressed or traumatized persons. Its purpose is to promote caregiver wellness by focusing on the basics in assessment, prevention, and recovery from caregiver stress or compassion fatigue. The workshop also fulfills criteria for certification as *Compassion Fatigue Educator* with the Green Cross Academy of Traumatology based in Tallahassee, Florida.

The course will be held from 8:30 a.m. - 4:00 p.m., beginning with registration and coffee at 8:15 a.m., and will include two fifteen-minute breaks, plus an hour break for lunch (*on your own*). Multi-media presentations, small and large group activities, individual exercises, lecture, dialogue and evaluations will be utilized. A personalized certificate and CEUs will be presented to each participant completing the workshop. Six hours of CEUs have been approved for LPCs, LMFTs, LBPs, LCSWs (CEP#20080095).

Course Goals

- Prepare participants to identify, prevent and/or recover from caregiver stress and compassion fatigue
- Affirm and expand competencies in supporting other professional care-givers who work with the traumatized
- Facilitate well-being of professional caregivers through education, networking, support and self-care measures
- Fulfill criteria for certification as *Compassion Fatigue Educator* with the Green Cross Academy of Traumatology
- Prepare participants through training for future deployment opportunities in post-disaster locations

At the end of the workshop, participants will be able to:

- Understand how caring professionals are impacted by the strength and quality of their work
- Differentiate between vicarious trauma, burnout, counter transference and compassion fatigue
- List vulnerabilities and identify factors contributing to compassion fatigue
- Identify the components of compassion fatigue
- Recognize a specific model for the development of compassion fatigue
- Identify the manifestations or symptoms of compassion fatigue
- Describe the elements of self care
- Utilize appropriate instruments to assess the impact of professional functioning and degree of self-care
- Identify types of traumatized caregivers and methods for assisting them
- List basic elements of the Stress Management Plan for individuals and institutions
- Identify facets of the MASTER transformation process toward wellness
- Experience lowered stress through one or more stress-reduction methods
- Explore strategies for assisting other professional caregivers in various disciplines

About the Instructor

Jay Martin, D. Min., L.M.F.T., is co-director of the Oklahoma Traumatology Institute and Director of the Center for Families in Transition in Oklahoma City where he has maintained a private practice since 1992. Dr. Martin is a Certified Traumatologist and Compassion Fatigue Specialist and Educator with the Academy of Traumatology, Clinical Fellow with the American Association of Pastoral Counselors, and Clinical Member of the American Association for Marriage and Family Therapy. He has provided training for staff working with victims of the American Embassy bombing in Kenya in 1998, and provided training in Manhattan as a volunteer with the Green Cross Project in September of 2001. In addition to working with numerous individuals following the Oklahoma City bombing, Dr. Martin has led traumatology, compassion fatigue, and crisis intervention workshops in Oklahoma, New York, New Jersey, Washington D.C., North Carolina, Texas, Utah, Nevada, Kansas, Michigan, Arizona, Tennessee, Florida, South Carolina, Missouri, Canada and Kenya.

Oklahoma Traumatology Institute

The Oklahoma Traumatology Institute was established in 1999 and is a licensed site of the Green Cross Academy of Traumatology based in Tallahassee, Florida. The Institute's purpose is to provide education, training, consultation, and crisis intervention services for those impacted by a disaster, either natural or human-caused. The directors of the Institute were intricately involved in the provision of services following the Oklahoma City bombing and the World Trade Center attack. They are certified by the Green Cross Academy of Traumatology in Field Traumatology, Clinical Traumatology and Compassion Fatigue and hold professional memberships in other trauma-related professional organizations.