

**Certified Problem Gambling Counselor Training**  
**ODMHSAS Training Center**  
**2401 NW 23<sup>rd</sup> Street, Suite 1F**  
**Oklahoma City, OK 73107**

**Phase I January 30-31, 2008**

**Phase II February 28-29, 2008**

**Phase III March 27-28, 2008**

**Phase IV April 24-25, 2008**

**National Certification Exam, April 26, 2008**

*The Oklahoma Department of Mental Health and Substance Abuse Services is offering gambling counselor training to assist counselors in obtaining National Gambling Counselor Certification through the National Council on Problem Gambling. **Reminder: Attendance at each module is required for certification.***

**Purpose**

Compulsive gambling is a progressive behavior disorder in which a person has a psychological uncontrollable preoccupation and urge to gamble. This results in excessive gambling, the outcome of which is the loss of time, money, families, careers, and lives. The gambling ultimately reaches the point where it disrupts and destroys the gambler's personal life, family relationships or vocational pursuits.

**National Council on Problem Gambling Counselor Certification Requirements**

The National Council on Problem Gambling Counselor Certification is a specialty certification and does not take the place of a state license as a mental health professional such as a Licensed Professional Counselor, Licensed Clinical Social Worker, or Licensed Alcohol and Drug Abuse Counselor etc. Instead, the NCGC credentials enhance Oklahoma's licensed mental health professionals and provide opportunities for broader exposure through the National Council on Problem Gambling's website and through recognition of this specialty certification nationwide.

The national certification is divided into two sub-sections based upon the applicant's competencies. (NCGC I or NCGC II). Certification requirements for NCGC I include: 30 hours of gambling specific training, 100 hours as a gambling counselor delivering direct treatment to problem/pathological gamblers and 4 hours of clinical supervision from an approved clinical consultant. In addition, 300 contact hours of related training or education is required. The NCGC II certification requires 60 hours of gambling specific training, 300 related training contact hours, 2000 hours as a gambling counselor delivering direct treatment and 24 hours of gambling specific clinical supervision. For both NCGC I and II, the candidate must pass the National Exam. The OAPCG will coordinate the administration of the National Gambling Counselor Certification Exam on April 26, 2008.

For additional information on National Certification go to: <http://www.ncpgambling.org/counselor> or contact The Oklahoma Association on Problem & Compulsive Gambling, Inc. (OAPCG) at (918) 270-2788 or by writing OAPCG National Problem Gambling Counselor Certification, 7625 East 51<sup>st</sup> St, Suite 400, Tulsa, OK 74145.

**State of Oklahoma Certification of Gambling Addiction Treatment Programs - Counselor Criteria**

The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) has built on the minimal counselor training, supervision and experiential standards defined by the National Council on Problem Gambling. The ODMHSAS has promulgated rules and standards for the Certification of Gambling Addiction Treatment Programs that was signed into law April 28, 2006. These standards require that gambling treatment professionals working in Certified Gambling Addiction Treatment Programs hold a current license as a mental health professional or as a licensed alcohol and drug counselor. In addition to holding a current license, the gambling treatment professional should have:

- 1) Documented completion of 60 hours of ODMHSAS recognized core gambling training requirements**
- 2) Documented completion of 12 hours of gambling specific continuing education hours every 12 months**

The possession of a current NCGC II Certification is deemed as having met the core training requirements and the clinical supervision requirements described above.

## Dates

**Phase I January 30-31, 2008**

**Phase II February 28-29, 2008**

**Phase III March 27-28, 2008**

**Phase IV April 24-25, 2008**

## Location

All phases in this training cycle will be held at Oklahoma Department of Mental Health and Substance Abuse Services Training Center located at 2401 NW 23<sup>rd</sup> Street, Suite 1F. OKC, OK. Come to the North end of Shepherd Mall, enter the glass doors and you will see the elevator. Come to the second floor, exit to your left and the Training Center is half-way down the hall to your right.

## Continuing Education Credits

Continuing education credit hours have been approved through the Oklahoma State Board of Licensed Social Workers and Licensed Behavioral Practitioners Board. Credit hours have been approved by the Oklahoma Board of Examiners of Psychologists, the Licensed Professional Counselors Committee, and the Licensed Marital and Family Therapist Board. **Any certificate recreated will cost \$5.00.**

## How to Receive Your Certificate of Attendance

Certificates of attendance will be distributed at the end of the training. You must attend both days to get credit.

## Special Accommodations

Sign interpreters and/or other special accommodations required by disabled participants will be available upon advance request (please allow two week's notice). Please indicate on the registration form the type of special accommodations, if any, you require. For requests, call 918-270-2788

## Seminar Fees

The cost for the training is \$65.00 per day. Please indicate on the registration form the trainings dates you will attend.

## Lodging

The following hotel is conveniently located for training participants who need overnight accommodations in Oklahoma City. Participants must make their own hotel reservations. A block of rooms have been set aside for participants. Call the hotel listed below and ask for the special group rate for the Department of Mental Health and Substance Abuse Services.

### **Courtyard by Marriott Oklahoma City**

1515 Northwest Expressway  
Oklahoma City, OK 73118  
405/848-0808

## Trainer

Daniel L. Smith, MA, LCSW, CCGC, NCGCII, SAP, CISD, is a licensed clinical social worker, and a designated Board Approved Clinical Consultant for the National Council on Problem Gambling, Inc., Washington DC US. Dan is also Clinical Director of BetNoMore Gambling Programs at Assessment Counseling Solutions, St. Louis Missouri, where he counsels dual diagnosis, gambling, and substance dependent clients. He has been for the last seven years Clinical Director of Responsible and Problem Gambling Programs at Community Services of Missouri, Inc. . Smith spent many years as case manager in relapse prevention at Hyland Behavioral Health, St. Anthony's Medical Center, St. Louis; served as a Unity Health System EAP; is also a Substance Abuse Professional as defined by federal DOT guidelines, and a Certified Critical Incident Stress Debriefing. He was formerly Director of The Center for Addictive Behaviors, a consultant for Recovery Resources, and administrator and counselor since 1989.

**Registration - 7:30a.m. All classes begin promptly at 8:00 a.m. and end at 5:00 p.m. You must stay for the entire training to receive your certificate.**

## **Program Schedule Phase I January 30-31, 2008**

**Day One Wednesday January 30, 2008**

7:30 – 8:00

Registration

8:00- 10:00

Short World History of Gambling and History of Gambling in Oklahoma

10:00 -10:15	Break
10:15 – 12:00	Gambling as Social Phenomena, Public Health Issue, or Illness Gambling as ICD, OCD, or Addiction
12:00 – 1:00	Working Lunch—Clinical Consultation: Experiential Exercise
1:00 – 2:30	History & Prevalence of Gambling and Problem Gambling Types of Gamblers
2:30 – 2:45	Break
2:45 – 4:15	Definitions of Gambling & Diagnostic Criteria
4:15 – 5:00	Competency: A National Standard for Gambling Counselors

**Day Two Thursday January 31, 2008**

7:30 – 8:00	Registration
8:00- 10:00	Core Functions, ICRC Case Presentation Method, and Gambling Screening and Assessment
10:00 -10:15	Break
10:15 – 12:00	Outreach, Engagement, Therapeutic Rapport Assessing for Co-morbid & Co-occurring Disorders
12:00 – 1:00	Working Lunch—Clinical Consultation: Training A Skill Set
1:00 – 2:30	Approaches to Gambling Treatment Family Involvement & Accountability
2:30 – 2:45	Break
2:45 – 3:45	Group & Individual Strategies
3:45 – 5:00	Crisis (Suicide, financial, legal) and Ethical Concerns

**Program Schedule Phase II February 28-29, 2008**

**Day One Thursday February 28, 2008**

7:30 – 8:00	Registration
8:00- 10:30	Engagement & retention Self help, mutual Support, and natural recovery
10: 30 – 10:45	Break
10:45 – 12:30	Tasks of recovery, phases over time, levels of change in depth Emergency & relapse Prevention
12:30 – 1:15	Working Lunch—box lunch provided—Clinical Consultation
1:15 – 3:15	Harm Reduction Strategies Stages of Change
3:15 – 3:30	Break
3:30 - 5:00	Motivational Enhancement Complementary & Alternative Medicine Approaches to Problem Gambling

**Day Two Friday February 29, 2008**

8:00 – 10:30	Neurochemistry of Gambling What we know, don't know, think, can't prove
10:30 – 10:45	Break
10:45 – 12:30	Communication inside/outside the brain & early recovery Psychopharmacological Interventions
12:30 – 1:15	Working Lunch, Box lunch Provided; Clinical Consultation
1:15 – 3:15	Financial & Legal Issues & Asset Protection
3:15 – 3:30	Break
3:30 – 5:00	Workplace, Agency, Reimbursement Issues Agency & reimbursement Issues

**Program Schedule Phase III March 27-28, 2008**

**Day One Thursday March 27, 2008**

7:30 – 8:00	Registration
8:00 – 9:00	Special Populations-- Older Adults
9:00 – 10:00	Special Populations--Adolescent & Youth
10:00-10:15	Break
10:15 -12:00	Special Populations--Multicultural Influences
12:00 – 1:00	Working Lunch provided –Clinical Consultation – ICRC CPM
1:00 - 2:15	Indian Gaming Act: Implications & Considerations
2:15 – 2:30	Break
2:30 – 3:00	Role of Gamblers Anonymous & National Council affiliates

3:00 – 4:15 Special Populations: Women gamblers & cultural restrictions  
4:15 – 5:00 Opportunities for continuing education, Peer Supervision groups

**Day Two Friday March 28, 2008**

8:00 – 9:30 Resources for Prevention, Intervention, treatment  
Comparison of Anonymous Programs  
10:00 -10:15 Break  
10:15 – 11:15 ASAM Levels of care applied to gambling  
11:15 - 1200 Advanced Therapeutic Techniques – “What Works”  
12:00 – 1:00 Working Lunch-Clinical Consultation  
1:00 – 2:00 Best Practice Models  
Outpatient, Inpatient, & Therapeutic Community Models  
2:00 – 2:15 Break  
2:15 – 4:30 Spiritual Bankruptcy In Problem Gambling  
4:30 – 5:00 Religious-cultural paradigms influencing counseling, treatment, & outcomes  
Mental Illness or Personal Weakness: Diagnosis, treatment, relapse, recovery

**Program Schedule Phase IV April 24-25, 2008**

**Day One Thursday April 24, 2008**

8:00 – 11:00 Relapse Prevention for an Impulse Control Disorder?  
Professional Issues: Transference, Counter-transference  
11:00 – 11:15 Break  
11:15 - 12:00 Professional Code & Ethical Standards: The Hero’s Journey  
12:00 – 1:00 An “Awards” Lunch—Clinical Consultation  
1:00 – 3:00 Ethics Con’t: Unanswered Questions in Problem Gambling  
3:00 – 3:15 Break  
3:15 – 5:00 Ethics: Domains of Prevention  
Practical Approaches to Certification Exam

**Day Two Friday April 25, 2008**

8:00 – 9:45 Signs of Disordered Gambling in the Workplace  
Appropriate referrals  
9:45 – 10:00 Break  
10:00 – 12:00 Importance of Individual Counseling, Family Counseling, & Supervision  
Deep process work with problem gamblers: what & when  
12:00 - 1:00 Working lunch--Clinical Consultation  
1:00 – 3:00 Relapse Prevention Strategies with Resistant & Non resistant Clients  
Relapse Prevention in the Therapeutic Justice Model  
3:00 – 3:15 Break  
3:15 – 5:00 Resources: Importance Group Topics to explore

**National Certification Exam, April 26, 2008**

**9:00 A.M. – 1:00P.M.**

\*\*\*\*Complete the form below and mail it (with payment) to:

By Mail:

ODMHSAS, Seminar Coordinator

2401 NW 23<sup>rd</sup> Street, Suite 82

Oklahoma City, OK 73107 or Fax to: 405/522-8320

## PROBLEM & COMPULSIVE GAMBLING CERTIFICATION TRAINING

Name \_\_\_\_\_

Home Phone Number \_\_\_\_\_

Occupation or Job Title \_\_\_\_\_

Place of Employment \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Paying with purchase order

Check or money order enclosed, payable to ODMHSAS

Credit Card: Type of Card (circle one)      Visa      MasterCard

Card Number: \_\_\_\_\_

Expiration date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Authorization Signature: \_\_\_\_\_

Registration		Fee	Total
<input type="checkbox"/> Phase I	<b>January 30-31, 2008</b>	\$65.00 per day	\$130
<input type="checkbox"/> Phase II	<b>February 28-29, 2008</b>	\$65.00 per day	\$130
<input type="checkbox"/> Phase III	<b>March 27-28, 2008</b>	\$65.00 per day	\$130
<input type="checkbox"/> Phase IV	<b>April 24-25, 2008</b>	\$65.00 per day	\$130
<input type="checkbox"/> All Four Phases			\$520

**Cancellation Policy: No refunds will be granted.**

### Continuing Education Credit Requested:

Physician

Psychologist

LMFT

LPC

RN or LPN

LCSW/MSW

CADC

LADC

Other \_\_\_\_\_