

# Understanding Older Minds

## *Issues in Geriatric Health Care*

- **Normal Aging**
- **Medical Problems**
- **Delirium, Delusions, & Psychoses**
- **Depression, Anxiety, & Suicide**
- **The Aging Brain**
- **Memory Disorders**
- **Dementias**

*Dr. William Cone's interest in helping professionals improve the quality of the lives of older clients and their families is evident in his work as a clinician, consultant, author, and accomplished presenter.*

**CONTINUING EDUCATION  
HOURS PROVIDED**



Linking Knowledge, Practice and Values since 1994

On-line registration at [www.health-ed.com](http://www.health-ed.com)

• 800-839-4584 •

## CONTINUING EDUCATION HOURS

To receive verification of successful completion of the following credit hours, participants are expected to sign-in, attend the entire program, and complete an evaluation. For continuing education inquiries, please contact [ssell@health-ed.com](mailto:ssell@health-ed.com).

### **CERTIFIED CASE MANAGERS: 6.0 Hours.**

This program has been approved by the **Commission for Case Manager Certification**. Approval number will be issued on certificate of attendance.

### **COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS: 6.0 Hours.**

**Oklahoma** - This course is designed to meet the standards set forth in the regulations. HEALTH ED has submitted the course to the **Oklahoma State Department of Health, Professional Counselor Licensing** for confirmation of hours.

**NBCC** - HEALTH ED, (provider #5655), is recognized by the **National Board for Certified Counselors** to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines.

### **OKLAHOMA LICENSED BEHAVIORAL PRACTITIONERS: 6.0 Hours.**

This program has been submitted to the **North American Association of Masters in Psychology (NAMP)**.

### **NURSES: 6.0 Contact (60 minute) Hours; 7.2 Contact (50 minute) Hours.**

HEALTH ED is an approved provider of continuing nursing education by the **Wisconsin Nurses Association Continuing Education Approval Program Committee**, an accredited approver by the **American Nurses Credentialing Center's Commission on Accreditation**.

### **NURSING HOME ADMINISTRATORS: 6.0 Hours.**

This educational offering has been reviewed by the **National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners for Nursing Home Administrators (NAB)** and approved for 6 clock hours and 6 participant hours. Approval # #16102007-25066-6. Please bring your license number.

### **OCCUPATIONAL THERAPY PRACTITIONERS/OCCUPATIONAL THERAPY ASSISTANTS:**

**AOTA** - .6 CEUs (6.0 Contact Hours). HEALTH ED is an Approved Provider of Continuing Education for occupational therapists and occupational therapy assistants by the **American Occupational Therapy Association**. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

### **PHYSICAL THERAPISTS/PHYSICAL THERAPIST ASSISTANTS: 6.0 Hours.**

This program has been designed to meet the criteria for 6.0 hours of acceptable continuing education. Licensees are to determine the acceptability of the program based upon the rules of their licensing board.  
**Arkansas** - 6.0 Hours. - This course has been approved by the **Arkansas State Board of Physical Therapy**.  
**Oklahoma** - 6.0 Hours, Category A. This course has been submitted to the **Oklahoma Board of Medical Licensure and Supervision**.

### **PSYCHOLOGISTS: 6.0 Hours.**

HEALTH ED is approved by the **American Psychological Association** to sponsor continuing education for psychologists. HEALTH ED maintains responsibility for this program and its content. HEALTH ED is offering this activity for 6 hours of continuing education credit. Full attendance is required. No partial credit will be offered for partial attendance.

### **SOCIAL WORKERS, COUNSELORS, AND MARRIAGE AND FAMILY THERAPISTS: 6.0 Hours.**

**Kansas** - HEALTH ED is an approved provider with the **State of Kansas Behavioral Sciences Regulatory Board** for social worker continuing education. Provider #04-003.

**NASW** - This program has been approved for 6 continuing education hours for re-licensure, in accordance with 258 CMR **Collaborative of NASW and the Boston College and Simmons College Schools of Social Work**. Authorization #D38904.

**ASWB** - HEALTH ED, (provider #1033), is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)**, (1-800-225-6880) through the Approved Continuing Education (ACE) program and maintains responsibility for the program.

### **SPEECH-LANGUAGE PATHOLOGISTS:**

**ASHA** - .6 CEUs (Intermediate Level/Professional Area). HEALTH ED is approved by the Continuing Education Board of the **American Speech-Language-Hearing Association (ASHA)** to provide continuing education activities in speech-language pathology and audiology. This program is offered for .6 CEUs (Intermediate Level/Professional Area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

√**Others:** If your profession is not listed, please contact your board to determine how to receive credit. This program is designed to offer six contact hours. Many boards accept reciprocal approval via the organizations listed above.



# REGISTRATION

**UNDERSTANDING OLDER MINDS – Issues in Geriatric Health Care**  
MARCH 11, 2008 – LITTLE ROCK, ARKANSAS • MARCH 12, 2008 – FORT SMITH, ARKANSAS  
MARCH 13, 2008 – TULSA, OKLAHOMA • MARCH 14, 2008 – OKLAHOMA CITY, OKLAHOMA

AROKWCU5R8

### 1. Yes I Will Attend: (please check date/location)

- MARCH 11, 2008 – LITTLE ROCK, ARKANSAS     MARCH 12, 2008 – FORT SMITH, ARKANSAS  
 MARCH 13, 2008 – TULSA, OKLAHOMA     MARCH 14, 2008 – OKLAHOMA CITY, OKLAHOMA

### 2. Complete for each registrant: Copy as needed. All information will be kept confidential.

- CCM     LPC     SLP     OT  
 OTA     MFT     PTA     PT  
 NHA     NURSE     PSYCHOLOGIST     SW  
 OTHER \_\_\_\_\_ POSITION \_\_\_\_\_

Name: \_\_\_\_\_ First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Employer/Agency: \_\_\_\_\_

Agency or  Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

### ● Please contact us a minimum of 3 weeks before the program date for ADA accommodations.

### 3. Registrations must be pre-paid. Payment or all purchase order hard copy must be included to process registrations.

Group Discount: \$149.00 per person for 3 or more pre-registering at the same time  
Pre-Registration: \$159.00 per person  
Standard Tuition: \$179.00 when registering after the deadline or at the door (space permitting)  
PRE-REGISTRATION DEADLINE: \*Pre-registration and group discount rates apply until 12:00 noon Central Time the day before the program space permitting. \*PLEASE NOTE: Group discount rates apply for pre-registration and pre-payment only and must be submitted at the same time. Attach all registrations with total payment.

Federal Tax ID: 38-1779320

Detach and mail with payment to: HEALTH ED, P.O. Box 1075, Eau Claire, WI 54702-1075

### 4. Ways to Register/Method of Payment (select one):

- ON-LINE: [www.health-ed.com](http://www.health-ed.com) (credit card via secure web site)  
 Fax: 715-839-8680 (credit card or entire purchase order hard copy)

- Mail: Check or money order payable to HEALTH ED, credit card information or entire purchase order paperwork:  
HEALTH ED, Box 1075, Eau Claire, WI 54702-1075

- Phone: 800-839-4584 or 715-839-8055 (credit card) – 8:00 a.m. – 5:00 p.m. CT  
Ck. No. \_\_\_\_\_ Amt. Pd. \_\_\_\_\_

- MasterCard    Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Visa    Card Holder's Name: \_\_\_\_\_  
 Discover

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# IMPORTANT INFORMATION

MARCH 11, 2008

LITTLE ROCK, ARKANSAS  
EMBASSY SUITES HOTEL LITTLE ROCK  
11301 Financial Centre Parkway  
Little Rock, AR 72211 • 501-312-9000

MARCH 12, 2008

FORT SMITH, ARKANSAS  
HOLIDAY INN FORT SMITH-CITY CENTER  
700 Rogers Avenue  
Fort Smith, AR 72901 • 479-783-1000

MARCH 13, 2008

TULSA, OKLAHOMA  
HILTON TULSA SOUTHERN HILLS  
7900 South Lewis Avenue  
Tulsa, OK 74136 • 918-492-5000

MARCH 14, 2008

OKLAHOMA CITY, OKLAHOMA  
CROWNE PLAZA OKLAHOMA CITY NORTHWEST  
2945 Northwest Expressway  
Oklahoma City, OK 73112 • 405-848-4811

**CONFERENCE HOTEL INFORMATION:** For driving directions, parking information, and room reservations, please call the hotel directly, or go to this program's page on [www.health-ed.com](http://www.health-ed.com) and click on the hotel website link.

**PROGRAM REGISTRATION INFORMATION** (See Registration Page to Register)  
Registrations must be pre-paid. Payment or all purchase order hard copy must be included to process registrations.

Group Discount: \$149.00 per person, for 3 or more pre-registering at the same time  
Pre-registration: \$159.00 per person  
Standard Tuition: \$179.00 when registering after the deadline or at the door (space permitting)

**PRE-REGISTRATION DEADLINE:** To ensure your place in this course, please register as early as possible. \*Pre-registration and group discount rates apply until 12:00 noon Central Time the day before the program space permitting. \*PLEASE NOTE: Group discount rates apply for pre-registration and pre-payment only and must be submitted at the same time. Attach all registrations with total payment.

### TUITION INCLUDES:

- Coffee, tea, and pastries available at registration/check-in and an afternoon snack.
- Certificate of Attendance verifying successful completion of the course.
- A comprehensive handout plus a bibliography, references, and online resources prepared by Dr. Cone specifically for this program.
- Tuition does not include lunch.

**CONFIRMATION:** Confirmation notices are not required for admittance and will not be mailed. If you wish to confirm receipt of your registration please register on-line at [www.health-ed.com](http://www.health-ed.com) for an email confirmation or email your request to [smartin@health-ed.com](mailto:smartin@health-ed.com).

**CANCELLATION/REFUND OPTIONS:** If the participant cancels a registration, the following options are available: 1) Transfer registration to another person; 2) Transfer to another program date; or 3) Request a credit coupon for the amount paid to be used at a future program; 4) If received in writing by 7 business days before the program date, a refund of your paid tuition less a \$30.00 administrative fee is available. No refunds will be granted after that date. Purchase orders are considered the same as a check or credit card and the same policy will apply. In the unlikely event HEALTH ED has to cancel a program for any reason, you will be notified immediately and will have the following options: 1) Transfer your registration to the re-scheduled program; 2) Receive a coupon for the amount paid to be used at another program; or 3) Receive a full refund of your registration fee. However, HEALTH ED does not assume responsibility for any other expenses incurred by the registrant.



Sponsor: HEALTH Education Network, LLC  
304 Gray Street, Eau Claire, WI 54701  
800-839-4584 • 715-839-8055  
Fax: 715-839-8680 • [www.health-ed.com](http://www.health-ed.com)

### HEALTH ED SATISFACTION GUARANTEE

If you are not satisfied with the program, call us or write to us and we will make it right!  
Lois Postlewaite • Penny Graham • Sue Rogge

## COURSE SUMMARY

### UNDERSTANDING OLDER MINDS *Issues in Geriatric Health Care*

**7:30 A.M. - 8:00 A.M.** Registration/Sign-In. Course syllabus distributed.

**8:00 A.M. - 3:30 P.M.** Course begins at 8:00 and concludes at 3:30. There will be a short break in the morning and another in the afternoon, both determined by Dr. Cone. Lunch (on your own) is approximately from 11:30 - 12:30. Completed evaluations will be collected and Verification of Attendance certificates will be distributed at the end of the day.

#### NORMAL AGING

- The Aging Body • The Aging Senses • The Aging Personality

#### MEDICAL PROBLEMS

- Pain • Strokes • Medications • Substance Abuse • Sexual Problems • Sleep

#### DELIRIUM, DELUSIONS, & PSYCHOSES

- Hypochondria & Somatization • Schizophrenia & Late Life Psychosis  
• Bipolar Disorder • Delirium • Delusions

#### DEPRESSION, ANXIETY, & SUICIDE

- The Extent of the Problem • Barriers to Diagnosis & Treatment  
• Treatments & Interventions

#### THE AGING BRAIN

- Myths of Memory • The Memory Process

#### MEMORY DISORDERS

- Age-Associated Memory Impairment • Mild Cognitive Impairment • Dementia

#### DEMENTIAS

- Dementia Risk Factors • Types of Dementia • Reversible Dementias  
• Diagnosing Dementia • Prevention & Treatment • Subcortical  
Dementias (Parkinson's & Huntington's)

### WHO SHOULD ATTEND

- Activity Directors • Case Managers • Counselors • Long-Term Care Consultants  
• Nurses • Occupational Therapists • Physical Therapists • Psychologists  
• Recreational Therapists • Social Workers • Speech-Language Pathologists  
• Nursing Home Administrators • Marriage & Family Therapists

This is a basic to intermediate course appropriate for those individuals working in a variety of settings including social service agencies, private practice, health and home care settings. It is especially valuable for those working in long-term care, adult day care, assisted living facilities, and for those counseling and advising family caregivers.

#### Program Planning Team

- William Cone, PhD • David Markert, PhD • Kay Gautsch, PT • Lois Taft, DNSc, RN •  
• Linda Schreiber, MS, CCC-SLP • Chris Petro, LCSW, QCSW • Louise J. Armstrong, OTR •  
• Mary Lund, PhD, RNC (Gerontological Nursing, ANCC) •

## PRESENTER

**WILLIAM CONE, PhD**, is a licensed psychologist with a clinical practice focus in geriatric services. His practice includes conducting assessments, testing and evaluation; and creating treatment plans for elderly individuals with psychiatric problems. Dr. Cone conducts training programs and case management consultation for the staffs of geropsychiatric hospitals, home health agencies, retirement homes, assisted living facilities, day treatment programs, skilled nursing facilities, and board and care homes.

Nationally known for his work on memory and the causes of memory disorders, Dr. Cone is an author of five books including the top selling *Stop Memory Loss! How to Fight Forgetfulness Over Forty* and *Caregivers Bible: Managing Behavior Problems in the Elderly*, a book for professional caregivers of the aged. The *Caregivers Bible* has recently been adopted as the source of training for all Area on Aging staff in the California Department of Aging. These excellent books will be available for review and purchase at the program.

Dr. Cone earned his PhD in clinical psychology at the California Graduate Institute, MA in experimental and physiological psychology and BA in psychology at California State University, Long Beach. He is a member of numerous organizations including the International Psychogeriatrics Association, the American Society on Aging, the Gerontological Society of America, the National Academy of Neuropsychologists, and the American Medical Writers Association.

*Psychologists, social workers, nurses, case managers, occupational and physical therapists, counselors, speech-language pathologists, and health care administrators attending Dr. Cone's presentations have consistently given him the highest possible ratings.*

- "This is one of, if not the most, **INFORMATIVE** and **INTERESTING** seminars I have attended in 20 years!" Patricia Pintard, PhD, Clinical Psychologist
- "EXCELLENT presenter - the DAY WAS PACKED with great information - the pace was fast but invigorating." Yvonne Calvo, LOTR
- "WONDERFUL PRESENTATION of difficult material. Dr. Cone's personal style and respectful approach was welcome and refreshing." Lewis L. Moore, PhD, Clinical Director/Chair, MFT

## PURPOSE & OBJECTIVES

The explosive growth of older people in our society has been accompanied by a need for health care professionals, especially mental health professionals, who are familiar with the unique problems and challenges facing this population. Effective treatment in the aged requires an understanding of the interplay between the aging body, the aging brain, and psychological well being.

The purpose of this program is to provide attendees with knowledge, tools, and techniques that will enable them to deliver high-quality health treatment to older adults. They will gain the skills necessary for the complex process of assessment and intervention, including medical, psychological, environmental, and interpersonal issues, and will be able to apply this knowledge to the diagnosis and treatment of elderly clients.

**At the conclusion of this activity, the learner will have the knowledge required to:**

- Assess the mental and emotional status of elderly clients.
- Discuss the multiple effects of aging on mental health.
- Differentiate between depression and dementia.
- Describe treatments and interventions for behavioral and emotional difficulties.

## OTHER EDUCATIONAL OFFERINGS

Call 800-839-4584 or go to [www.health-ed.com](http://www.health-ed.com) for more information